

Curriculum Coverage: Subject: PE



	Autumn		Spring		Summer	
Year 1	Ball skills	Ball skills	Gymnastics	Dance	Athletics	Striking and fielding
Year 2	Ball skills	Ball skills	Swimming	Swimming	Athletics	Striking and fielding
Year 3	Swimming	Swimming	Circuits / Netball	Team Games / Hockey	Athletics	Striking and fielding
Year 4	Netball / Team Games	Hockey	Basketball	Gymnastics / Athletics	Swimming	Swimming
Year 5	Netball	Indoor athletics / Lacrosse	Basketball	Hockey	Athletics	Striking and fielding
Year 6	Lacrosse	Indoor athletics	Gymnastics	Hockey	Athletics	Striking and fielding

PE

KS1	EYFS	1	2	
Hold a balance whilst walking along a straight line.		X		
Zig zag through a series of markers spaced evenly, about 2m apart.				
Hop on the spot using the same foot.		X		
Jump for distance.		X		
Jump for height.		X		
Catch a bean bag.		X		
Throw a small ball underarm, using the correct technique.		X		
Link skills and actions in different ways to suit different activities.				
Establish sequences of actions and skills which have a clear beginning, middle and ending.		X		
Structure sequences of actions and skills in different orders to improve performance (speed / direction / level /etc.)		X		
Describe and comment on performance.		X		
Describe and comment on his/her/their performance				
KS2	3	4	5	6
Balance on one foot.		x		x
Climb a set of wall bars (or similar).		x		x
Perform a side stepping gallop.		x		
Run at speed over a distance.		x	X	
Complete a forward roll and land on the feet.		x		x
Skip forwards in a fluid motion.		x		
Kick a ball accurately.				x
Pass a ball from chest height to a partner.		x	X	x
Perform a sequence of one footed leaps.		x		
Gallop with a fluid motion.		x		
Dribble a football between cones.			X	
Perform a 'drop-kick'.				
Perform a 'basketball dribble'.			X	

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Strike a ball with a range of bats for accuracy and distance.		x		
Vary skills, actions and ideas and link these in different ways to suit different activities.		x	X	
Vary his/her responses to tactics, strategies and sequences used.			X	
Apply skills and tactics in combination with a partner or as part of a group / team.			X	
Participate in recognised activities and games with skill and precision showing creativity with tactics and strategy.		x	X	
When performing in an activity, draw upon previous knowledge and experiences of tactics, strategies and composition.		x	X	
Develop interest in participating in sports activities and events at a competitive level.		x	X	
When planning activities and actions, take into account a range of strategies, tactics and routes to success, considering his/her strengths and weaknesses and the strengths and weaknesses of others.				
Compare and contrast his/her performance with others.		x		
Comment on skills and techniques applied in his/her own and others' work and use this understanding to improve performance.		x		
Identify different levels of performance and use subject specific vocabulary.		x		
Analyse, modify and refine skills and techniques and how these are applied.				
Consider how specific aspects of an activity or performance can influence the outcome and suggest the best possible strategy				
		x		