KNIGHTON MEAD
PRIMARY ACADEMY

Nurture - Learn - Achieve

TMET
The Mead Educational Trust

Date: 17.05.24

Issue: 31

Principal:

Miss Rebecca Smith

Hello

I would like to start by saying a huge well done to the Sheridan Class (Year 6) for their resilience and enthusiasm in their end of Key Stage 2 SATs. The children have been working incredibly hard towards these and we are all very proud of their efforts.

A huge thank you to Miss Lambert and the Friends of Knighton for organising and running the first Movie Night. The children had lots of fun and we have raised lots of money for enrichment in school.

Please see the attached flyer for information about our D-Day picnic to commemorate 80 years since the event. If your child would like a lunch then please order on the MCAS app.

It was lovely to welcome the new EYFS cohorts and their parents this week. We had a great turn out and it was a lovely to see all of our newest starters to the Knighton Mead family.

We have partnered up with RAGstar to collect unwanted clothing. These will then be traded in to raise money for the school. Please see the flyer attached for more information. If you have clothes that you would like to donate then bring them to the school office on Wednesday 12th June.

Please find parent information about TikTok and SnapChat on the attached flyers. There is some really useful information about the apps and the potential risks. If you would like to talk to anyone about online safety, please contact the school office.

Although we are enjoying some signs of summer, the weather is still very unpredictable. Please ensure that your child has a jacket or coat with them in case of rain.

Have a great weekend and see you next week.

Miss Rebecca Smith.

MOVIE NIGHT

HANDA'S SURPRISE

Search: KnightonTMET https://twitter.com/knightontmet

Please make sure that you follow us on X, formerly known as Twitter, to keep up to date with news and events but also see what your children are up to whilst in school!

Enquiries: office@knighton-tmet.uk

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dates to Remember

Tuesday 21st May – Year 5 assembly (parents to come to the main office at 9:00)

21st – 22nd May – Y6 London Residential

Friday 24th May – 'wear green for the eco team' non-uniform day

Friday 24th May – school closes for May half term

Monday 3rd June – school reopens to children

Wednesday 3rd July – Y6 transition day and class swap

Thursday 4th July – Y6 performance to parents @10am and 6pm

Tuesday 9th July – Sports Day at Saffron Lane Stadium

Attendance

A huge congratulations goes to Sheridan Class this week for amazing attendance and excellent punctuality this week, Well done Sheridan Class!

Please remember that gates open at **8.40am** and children must be in class by **8.50am**.

Please keep up your hard work with your attendance and punctuality. Many thanks.

Miss Key.

Class	Attendance %
Bloomfield	93.2%
Macaulay	94.9%
Lansdowne	85.8%
Richmond	97.9%
Hughenden	96.2%
Lothair	93.7%
Sheridan	99.5%
Whole School Attendance	93.9%

Congratulations to our badge winners this week:

Bloomfield
Noah – Greem
Kayden - Green
Keilan – Green
Eyi – Green

Richmond
Rahul - Green
Nehal – Red
Miriam – Red
Hephzibah - Red
Sarah – Red
Gracie – Red merit
Zoya – Red merit
Skyla – Red merit
Orson – Red merit
Faeez – Blue merit
Anna – Blue merit
Harper – Blue merit
Mylo – Bronze star
Darcey – Bronze star
Blake – Bronze star
Zuzia – Bronze star

Hughenden
Becky – 2nd yellow
Chineme – 2nd yellow
Danny – 2nd yellow
Timothy – 2nd yellow
Neve – 2nd yellow
Charlie – 2nd yellow
Rithushan – 2nd yellow
Isaac – 2nd yellow
Evie -2nd yellow

It's Good to be Green!

Character muscle of the week

Imitation:

Using something or someone as an example to learn from..

Primary Leadership Team #collaboration #community

Friends of KNIGHTON

A plea for donations:

If you know of any companies (printers, IT equipment) that would love to donate paper or old phones and keyboards we would love to have them.

PICNIC

SANDWICHES

Ham
Tuna and Cucumber
Cheese

SIDES

Mini Quorn Sausage Roll
Potato Wedges and Crudités

Jacket potato option is available
with a choice of hot and cold fillings

DESSERT

Scones and Jam

What Parents & Carers Need to Know about

SNAPCHAT

AGE RESTRICTION 13+

Snapchat is an instant messaging app which allows users to send images, videos and texts to people in their friends list. One of Snapchat's unique features is that pictures and messages 'disappear' 24 hours after they've been viewed; however, this content isn't as temporary as many believe – with some users saving screenshots or using another device to take a photo of their screen. This year, Snapchat added 'My AI': a customisable chatbot with which people can chat and share secrets, as well as asking for advice and suggestions of places to visit.

WHAT ARE THE RISKS?

CONNECTING WITH STRANGERS

Even if your child only connects with people they know, they may still get friend requests from strangers. The Quick Add option lets users befriend people the app recommends – but these 'friends' are merely a username, which could have *anyone* behind it. Accepting such requests reveals children's personal information through the Story, SnapMap and Spotlight features, potentially putting them at risk from predators.

EXCESSIVE USE

Snapchat works hard on user engagement, with features like streaks (messaging the same person every day to build up a high score). Spotlight Challenges tempt users into spending time producing content in search of cash prizes and online fame, while it's easy for children to pass hours watching Spotlight's endless scroll of videos.

INAPPROPRIATE CONTENT

Some videos and posts on Snapchat aren't suitable for children. The hashtags used to group content are determined by the poster, so even an innocent search term could still yield age-inappropriate results. The app's 'disappearing messages' feature also makes it easy for young people (teens in particular) to share explicit images on impulse – so sexting continues to be a risk associated with Snapchat.

ARTIFICIAL INTELLIGENCE

My AI is Snapchat's new chatbot, which replies to questions in a human-like manner. However, the software is still in its infancy and has significant drawbacks, such as biased, incorrect or misleading responses. There have already been numerous reports of young users turning to AI for medical help and diagnoses, which could be inaccurate and therefore potentially dangerous.

ONLINE PRESSURES

Although many of Snapchat's filters are designed to entertain or amuse, the 'beautify' effects on photos can set unrealistic body-image expectations – creating feelings of inadequacy if a young person compares themselves unfavourably with other users. Snapchat now also has 'priority' notifications (which still get displayed even if a device is in 'do not disturb' mode), increasing the pressure on users to log back in and interact.

VISIBLE LOCATION

Snap Map highlights a device's exact position on a virtual map which is visible to other users. There are options to restrict who can see this information: all friends, only you (Ghost Mode) or selected friends. Snapchat also has real-time location sharing, which is intended as a buddy system to ensure friends have reached home safely – but which could also be used to track a young person for more sinister reasons.

#NOFILTER

Add ME

Advice for Parents & Carers

TURN OFF QUICK ADD

The Quick Add feature helps people find each other on the app. This function works based on mutual friends or whether someone's number is in your child's contacts list. Explain to your child that this could potentially make their profile visible to strangers. We recommend that your child turns off Quick Add, which can be done in the settings (accessed via the cog icon).

CHOOSE GOOD CONNECTIONS

In 2021, Snapchat rolled out a new safety feature: users can now receive notifications reminding them of the importance of maintaining connections with people they actually know well, as opposed to strangers. This 'Friend Check Up' encourages users to delete connections with users that they rarely communicate with, to maintain their online safety and privacy.

DISCUSS AI

Although My AI's responses can often give the impression that it's a real person, it's essential that young people remember this certainly isn't the case. Encourage your child to think critically about My AI's replies to their questions: are they accurate and reliable? Remind them that My AI shouldn't replace chatting with their real friends, and that it's always better to talk to an actual person in relation to medical matters.

CHAT ABOUT CONTENT

It may feel like an awkward conversation (and one that young people can be reluctant to have) but it's important to talk openly and non-judgementally about sexting. Remind your child that once something's online, the creator loses control over where it ends up – and who else sees it. Likewise, it's vital that children understand that some challenges which become popular on the platform may have potentially harmful consequences.

KEEP ACCOUNTS PRIVATE

Profiles are private by default, but children may make them public to gain more followers. Snap Stories are visible to everyone your child adds, unless they change the settings. On SnapMaps, their location is visible unless Ghost Mode is enabled (again via settings). It's safest not to add people your child doesn't know in real life – especially since the addition of My Places, which allows other Snapchat users to see where your child regularly visits and checks in.

BE READY TO BLOCK AND REPORT

If a stranger *does* connect with your child on Snapchat and begins to make them feel uncomfortable through bullying, pressure to send explicit images or by sending sexual images to them, your child can select the three dots on that person's profile and report or block them. There are options to state why they're reporting that user (annoying or malicious messages, spam, or masquerading as someone else, for example).

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.

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#WakeUpWednesday

🐦 @natonlinesafety   f /NationalOnlineSafety   📷 @nationalonlinesafety   ♪ @national_online_safety

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What Parents & Carers Need to Know about

TIKTOK

AGE RESTRICTION 13+
(certain features are restricted to over-18s only)

TikTok is a free social media platform that lets users create, share and watch short videos ranging anywhere from 15 seconds to 10 minutes in duration. The app gained notoriety for its viral dances, trends and celebrity cameos and can be a creative, fun platform for teens to enjoy. Now available in 75 languages, it has more than a billion active users worldwide (as of spring 2022) and is most popular with the under-16 age bracket. In fact, a 2022 Ofcom report found TikTok to be the most-used social media platform for posting content, particularly among young people aged 12 to 17.

WHAT ARE THE RISKS?

AGE-INAPPROPRIATE CONTENT

While TikTok's "Following" feed only displays videos from users someone follows, "For You" is a stream of clips based on their previously watched content. Most videos on a child's "For You" feed will therefore be light-hearted and amusing, but it *could* potentially surface something unsuitable. TikTok's guidelines prohibit the sharing of illegal or inappropriate content, but the sheer volume of uploads mean they aren't manually monitored and vetted.

DANGEROUS CHALLENGES

Due to TikTok's immense popularity, some young people have unfortunately been influenced by videos challenging them to perform harmful, criminal or even deadly acts. One extreme example was the 'blackout' trend, which encouraged users to hold their breath until they passed out from a lack of oxygen. It led to two families filing lawsuits against TikTok over the tragic deaths of their children.

CONTACT WITH STRANGERS

With around 1.1 billion users globally, the potential for contact from strangers on TikTok is high – especially as accounts created by over-16s (or youngsters using a false date of birth) are set to public by default. This not only means that someone's profile is visible to everyone else on the app; it also lets their videos be suggested to others and enables anyone to comment on them or download them.

IN-APP SPENDING

TikTok is free, but users have the option to buy TikTok coins, which can be used to purchase emojis in the app. These emojis are then sent as rewards (retaining their monetary value) to other users for videos they've created. Coin bundles range from £9.99 to an eye-watering £99; TikTok's policy is that they can't be bought by under-18s, but it's possible to bypass this with a fake birthdate.

ADDICTIVE NATURE

TikTok can be addictive, especially for young people: compulsive repeated use can interfere with sleep patterns and be a distraction from other activities. The platform recently introduced default usage time limits of 60 and 100 minutes for new members under 18 (in the UK, children with TikTok average 102 minutes per day on the app), but these restrictions can easily be removed in the settings.

TIKTOK NOW

Introduced in late 2022, the 'TikTok Now' feature lets users post a daily video or photo at the exact same time as their friends. Users receive a synchronised notification at a random time of day, giving them three minutes to take a video or real-time photo. This addition can not only be a distraction to young people but could lead to them inadvertently sharing private content such as their location.

Advice for Parents & Carers

ENABLE FAMILY PAIRING

Family Pairing allows parents to link their TikTok account with their child's and control their settings remotely. Parents can then, for example, turn on Restricted Mode (reducing the chances of a child seeing inappropriate content); set screen time limits; and manage their child's ability to send messages (and to whom). Children can't alter these settings without parental approval.

MAKE ACCOUNTS PRIVATE

Although under-16s will have their TikTok account set to private by default, bypassing this setting is relatively easy. However, parents have the ability to manually set their child's account to private – meaning that their videos won't be visible to strangers and they won't be able to exchange messages with people who aren't on their friends list.

LIMIT IN-APP SPENDING

If your child is using an iPhone or Android device to access TikTok, you can alter the settings to prevent them from making in-app purchases. We'd recommend that you enable this feature, as it's quite easy for a young person – without realising what they're doing – to spend a significant amount of real money buying TikTok coins so they can unlock more features of the app.

DISCUSS THE DANGERS

If your child wants to use TikTok and you're happy for them to do so, it's crucial to talk about the potential risks in this type of app. For example, ensure they understand not to share any identifying personal information – and that they realise they could be exposed to inappropriate content. Thinking critically about what they see on TikTok can help children become generally more social media savvy.

READ THE SIGNS

If you're concerned that your child might be spending too much time on TikTok, or that they've been emotionally affected by something inappropriate or upsetting that they've seen, it's important to know how to spot the possible signs. Increased irritability and a lack of concentration are potential red flags, as are failing to complete homework or regularly not eating meals.

Meet Our Expert

Carly Page is an experienced technology journalist with a track record of more than 10 years in the industry. Previously the editor of tech tabloid The Inquirer, Carly is now a freelance technology journalist, editor and consultant.

NOS
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ragstar

Recycle pre-loved items to help raise money for your school

Every donation helps other people in the UK and around the world as well as helping the school raise money.

WHAT ITEMS ARE ACCEPTED:

- Shirts
- Trousers
- Shorts
- T-shirts
- Jeans
- Jackets
- Jumpers/hoodies
- Joggers
- Skirts

- Bags
- Belts & ties
- Shoes
- Hats
- Gloves
- Jewellery
- Swimwear
- School uniform

Please bring your donations in on...

Wednesday 12th June

Uniform.

You can purchase uniform from any supermarket, or you can purchase uniform with and without our logo on from Uniform Direct, details below.

Address – 54-56 Humberstone Gate, Leicester. LE1 3PJ

Online link – [Knighton Mead Primary Academy (uniform-direct.com)](#)

Uniform	Dark grey trousers Dark grey shorts Dark grey skirt Grey or black leggings (must be worn with a long top) Dark grey pinafore dress Red gingham dress Grey, white, red or black plain tights White polo shirt (either with or without school logo) Red sweatshirt (either with or without school logo) Plain black trainers (no logos) Plain black shoes
Bags	Book Bag (with or without the school logo) School PE kit (with or without the school logo)
PE Kit	Black joggers Black shorts Plain red T shirt Black plimsolls or trainers of any colour
Jewellery	Plain stud earrings Robust watch (optional) No other jewellery should be worn. Plain headbands to keep hair tidy may be worn
Headscarves (Optional)	Plain black or white or red Headscarves should be tight fitting or removed during PE lessons for Health and Safety reasons