



Hello,
Again, we have continued to focus on developing our behaviours for learning. We are working hard to become FAST learners at Knighton Mead. This will mean that no learning time is lost and we can all ensure that we learn more and remember more.



We have been focussing on 'Sit up straight' this week and it has been fantastic to see how well the children have been at engaging with this learning behaviour.

Here are some of the reasons why it is an important behaviour to demonstrate and how it can be shown:

Routine 3: Sit up straight - THEORY



Why?

- Increases oxygen flow
- Aligns the vertebrae in your back
- Increases energy, concentration and memory
- Positive, attentive body language
- Higher self-esteem
- Lower anxiety

How?

- Arms close to sides
- **Shoulders relaxed**
- Back straight / head lifted
- Legs under your desk
- Both feet flat on the floor

How not?

- Slouching (can hinder serotonin production)
- Leaning back / forward
- Leaning on the wall
- Lying on the desk
- Moving your chair around / Swinging on chair

We need your help:

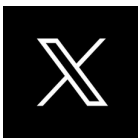
Several of our neighbours have spoken to us about parents meeting around their properties before and after school drop offs. Could you please be mindful about where you are standing at the start and end of the days and respect our wonderful neighbours.

Uniform:

We have lots of lost property – mainly red jumpers and cardigans. Please **name all children's clothing** so we can return it if it gets misplaced.

Have a lovely weekend,
Miss Rebecca Smith.

Search: KnightonTMET <https://twitter.com/knighontmet>



Please make sure that you follow us on X formerly known as Twitter to keep up to date with news and events but also see what your children are up to whilst in school!

Enquiries: office@knighton-tmet.uk



Date: 20/09/24

Issue: 04

Principal: Miss Rebecca Smith

dates to Remember

Thursday 10th October – World Mental Health Day – children to wear yellow

Wednesday 16th October – Parents' Evening – details to follow

Thursday 17th October – Parents' Evening – details to follow

Friday 18th October – school closed to children – staff professional learning day.

Friday 15th November – School Nurse Session - Supporting your anxious child

Friday 22nd November – School Nurse Session - Healthy Bladder

Attendance

A huge congratulations goes to **Richmond Class** for amazing attendance and to **Lansdowne Class** again for excellent punctuality this week!

To those who received a certificate from myself in assembly on Friday, well done - keep up the hard work and effort!

Please remember that gates open at **8.40am** and children must be in class by **8.50am**.

Thank you,
Miss Key.



Class	Attendance %
Hawkins	86.2%
Bloomfield	96.6%
Macaulay	97.5%
Lansdowne	92.3%
Richmond	98.2%
Hughenden	95%
Lothair	91.4%
Whole School Attendance	93.8%

Primary Leadership Team #collaboration #community

On Friday 27th September, it is the Macmillan Coffee Morning. To recognise this in classes, we are going to have cupcakes in the morning. In order to raise money for this worthwhile charity, we are asking for a donation of 20p per cupcake.

Thank you for your support, The Primary Leadership Team.



Character muscle of the week

COMMUNICATING:

Listening politely and respecting other people's ideas. Sharing your own ideas freely and clearly with others.



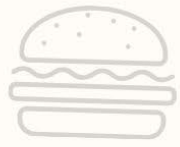
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Census Day.



Promotional Menu

Thursday 3rd October



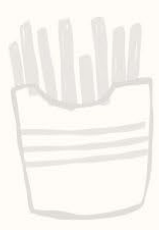
Mains



BBQ Breaded Chicken Burger
Crispy Vegetable Burger
Jacket Potato with choice of
filling



Sides



Chips
Corn on the Cob
Carrot/Apple Slaw



Dessert

Sticky Apple Slice with
Vanilla Ice Cream or Custard





KNIGHTON MEAD
PRIMARY ACADEMY

Macmillan Coffee Morning

Friday 27th September, 9-10:30am

£5 per ticket

Join us for tea, coffee, sweet treats and a raffle.

All money raised goes to Macmillan Cancer Support.



**MACMILLAN
CANCER SUPPORT**

A registered charity





Safer Saffron is a project running in this area to create a safer, stronger and more resilient neighbourhood.

It has 3 parts;

Clear – police identify criminal activity, make arrests and put offenders before the courts.

Hold – police and partners work together to stop the problems starting again.

Build - work with residents, the council and other partners to make the estate a better place to live, work and visit.

You can help us tackle drug supply, crime and anti-social behaviour by reporting any issues or concerns to us either anonymously through Crimestoppers or by reporting information or time to us online.

You can also contact us by email at clearholdbuild@leics.police.uk



Scan to report on
[leics.police.uk](https://www.leics.police.uk)



Scan to report on
Crimestoppers