

WEEK 1

W/C: 28/10, 18/11, 9/12, 30/12, 20/1, 10/2, 03/03, 24/03.

AUTUMN/WINTER 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Macaroni Cheese	Classic Beef Burger Served with Potato Wedges	Roast Gammon Served with Roast Potatoes and Gravy	BBQ Chicken Pizza Served with Pesto Pasta	Fish Fingers Served with Chips
JACKET POTATO	Cheesy Bean Burrito	Quorn Burger Served with Potato Wedges	Roast Quorn Served with Roast Potatoes and Gravy	Meatless Feast Cheesy Pizza Served with Pesto Pasta	Crispy Quorn Sub Served with Chips
	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings including Salmon Mayonnaise	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato sauce with penne pasta					
All main meals are served with two vegetables					
DESSERT	Raspberry Jelly	Oat Cookie with Fruit	Rice Pudding with Jam or Chocolate Spread	Flapjack with Fruit	Chocolate Ice Cream

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

Vegetarian Oily Fish Wholegrain
 Fruity! Nutritionist's Choice

WEEK 2

W/C: 4/11, 25/11, 16/12, 06/01, 27/01, 17/02, 10/03, 31/03

AUTUMN/WINTER 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Veggie Supreme Pizza Served with Pesto Pasta	Beef Bolognese Served with Wholewheat Pasta	Roast Chicken Served with Roast Potatoes and Gravy	Chicken and Vegetable Pie Served with Mashed Potato and Gravy	Crispy Chicken Burger Served with Chips
JACKET POTATO	Vegetable Fajita Served with Wholegrain Rice	Vegetarian Bolognese Served with Wholewheat Pasta	Vegetarian Shepherds Pie Served with Gravy	Macaroni Cheese	Quorn Dippers Served with Chips
	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato sauce with penne pasta					
All main meals are served with two vegetables					
DESSERT	Crunchy Chocolate Mousse	Lemon Shortbread Served With Fruit Slices.	Fruits of the Forest Jelly	Orange Glazed Sticky Sponge Pudding with Custard	Chocolate Cookie

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

Vegetarian Oily Fish Wholegrain
 Fruity! Nutritionist's Choice

WEEK 3

W/C: 11/11, 2/12, 13/01, 03/02, 24/02, 17/03, 07/04.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY



FRIDAY

HOT SPECIALS

Macaroni Cheese 

Pork Sausages
Served with Mashed Potato and Gravy

Jerk Chicken
Served with Rice and Peas

Sweet and Sour Chicken  
Served with Wholegrain Rice

Fish Fingers
Served with Chips

BBQ Quorn Fillet   
Served with Wholegrain Rice

Quorn Sausages 
Served with Mashed Potato and Gravy



Roasted Vegetable and Cranberry Slice 
Served with Roast Potatoes and Gravy

Tomato and Sweetcorn Pasta   

Cheese and Sweetcorn Omelette 
Served with Chips

JACKET POTATO

Jacket Potatoes  
with a choice of hot and cold fillings

Jacket Potatoes  
with a choice of hot and cold fillings

Jacket Potatoes  
with a choice of hot and cold fillings

Jacket Potatoes  
with a choice of hot and cold fillings

Jacket Potatoes  
with a choice of hot and cold fillings

Tomato Pasta Fresh, homemade tomato sauce with penne pasta  

All main meals are served with two vegetables

DESSERT

Chocolate Beet Brownie with Orange Slices 

Bread and Butter Pudding with Custard

Chocolate Shortbread Serve With Fruit Slices 



Jam and Coconut Sponge with Custard

Vanilla Ice Cream

AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit

 **Vegetarian**  **Oily Fish**  **Wholegrain**

 **Fruity!**  **Nutritionist's Choice**

AUTUMN/WINTER 2024